Journey to the Good Life
Adulting

• Adulting (v): to do grown up things and hold responsibilities such as, a 9-5 job, a mortgage/rent, a car payment, or anything else that makes one think of grown ups.

• “Jane is adulting quite well today as she is on time for work promptly at 8am and appears well groomed.”
What is missing?

- Relationships
- Gifts and Passions
- Having Fun
Living Our Visions

Living Our Visions is a grassroots organization of individuals with disabilities, their families, friends and community members building fulfilling and community-centered lives for all citizens.
LOV’s Philosophy

• Everyone has gifts

• There is a place that needs every gift

• Most relationships come from sharing gifts and passions with one another
Community Runneth Over!

In Prince George, Nova Scotia

-160 pages of associations

-17 Pet Associations including:
  Basset Walking Group,
  Cage Bird Club
  Dog Agility and Fly Ball Association
Steven
Daniel
Jon
If your passion is HAUNTED HOUSES, how could you build relationships in your community?

What group could you join or start?
What activities could you take part in?
What places might you go?

GET CREATIVE!!!
How could I/we build bridges in my community?