

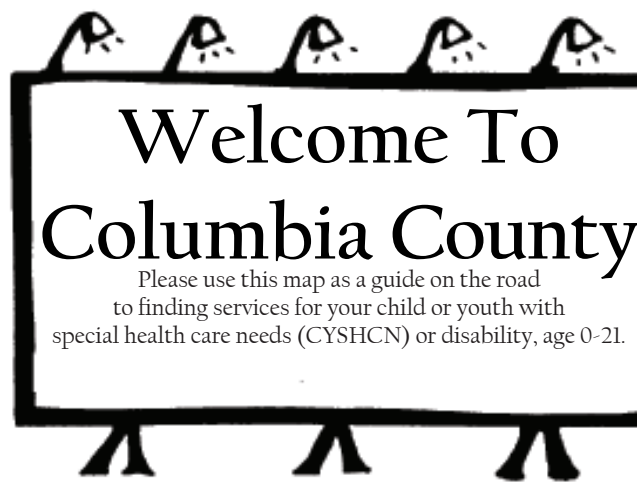


Information and Assistance:

Waisman Resource Center is home to one of the five Regional Centers for Children and Youth with Special Health Care Needs (CYSHCN), part of a statewide network that provides free and confidential information and assistance to parents of CYSHCN and the professionals who work with them. We will help to answer your questions and connect your family to resources, services and supports.

1-800-532-3321/ 608-265-8610/ www.waisman.wisc.edu/cshcn/

Help is available- Call with questions!



2015 Resource Roadmap

Front: description of variety of types of services and supports.
Back: listing of specific names and contact information



Planning for Adulthood:

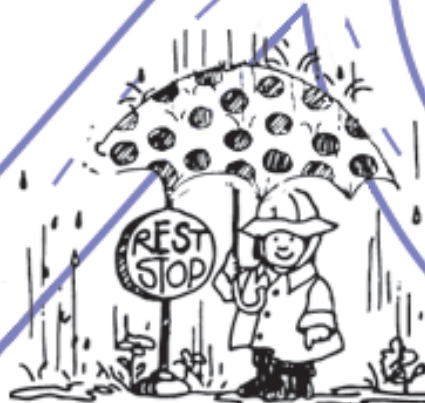
Youth ages 14 to 21 with disabilities and their families can receive help with planning for the transition to adulthood. Activities include moving from pediatrician to adult health provider and exploring opportunities in education, work and community living. Resources include Aging Disability and Resource Center (ADRC), Division of Vocational Rehabilitation (DVR), Department of Public Instruction (DPI) and Independent Living Centers (ILC.)

At-Home Support:

Supports and services designed to help families care for their child in the home and community setting are available for children who are at risk of out of home placement and qualify. These include home health care by nurses, personal care assistants, equipment, respite, family supports and services for individuals with disabilities.

Special Education:

All public schools are required to provide special education and related services to children who are eligible. The Individuals with Disabilities Act (IDEA) is the federal special education law that covers children ages 3 through 21. If the team of parents and school staff agrees a child is eligible, the team will create a written plan of services called an Individual Education Program (IEP) to determine how to best support the child.



When You Don't Know Who to Call, Call Us!

1-800-532-3321

Southern Regional Center for Children and Youth with Special Health Care Needs, at the Waisman Center

Recreation:

Children and adults with disabilities benefit from sports, social and recreational activities. A variety of organizations provide recreation activities and are listed on the other side.

Parent to Parent Support:

Peer support offers a unique kind of natural support that can only result from sharing similar experiences. Informal and formal support opportunities between families may be found by contacting CYSHCN for health care issues, WSPEI for special education issues, and Wisconsin Family Ties for mental health issues. See the page titled 'Statewide Information, Referral and Advocacy Resources' for contact information.



Mental Health and Crisis

With early detection and appropriate treatment chances are excellent that children with mental, emotional, or behavioral disorders can lead productive lives. Seeking help for your child can mean all the difference in your child's overall health and well-being.

Health Care Coverage:

Medicaid programs help eligible children and adults with disabilities pay for medical care. Each program has different eligibility criteria that need to be assessed at the time of application. Programs include BadgerCare Plus, SSI, Katie Beckett, and Children's Long Term Support Waivers. Children and young adults may also be covered by private insurance because of a job or coverage through a parent's insurance.

Infants and Young Children:

Early intervention services, through the Birth to 3 Program, are available in every Wisconsin county for children who meet eligibility criteria. Birth to 3 professionals work in partnership with parents to help children with developmental delays grow, learn and communicate.

Training and Advocacy:

State and local agencies provide information and assistance for families on how to best understand, protect and advance the legal, human and service rights of children and youth. Resources include legal assistance, help with an IEP and health benefits counseling. Parent training parents learn about resources and how to be a good advocate for their children.

Child care:

Childcare resource and referral agencies are located throughout Southern Wisconsin. Supporting Families Together Association will direct you to the closest program in your area.

Respite:

Respite care provides families with a qualified caregiver and a break from 24 hour care responsibilities and is a needed resource for most families with children and youth with special health care needs.

Department of Health and Human Services:

Counties provides access to long-term supports and services for eligible children and adults experiencing cognitive, physical and emotional disabilities. Programs that can help fund identified needs include: Family Support, Children's Waivers, Community Options Program (CIP), Community Integrations Program (COP). (Note: There are waiting lists for these programs so it is important to get your child's name on the waiting list as soon as possible. In addition, Columbia County Division of Public Health provides immunization clinics, HealthCheck, WIC and prenatal care coordination.



Wisconsin Statewide Resources

ABC for Health, Inc. - a nonprofit public interest law firm dedicated to ensuring health care access for children with special needs www.safetyweb.org	1-800-585-4222
The Arc-Wisconsin Disability Association - advocacy, support groups, training, information and referral for persons with cognitive disabilities www.arc-wisconsin.org	1-877-272-8400
Birth to 3 - Wisconsin's Early Intervention (IDEA-part C) program for children under age 3 with a developmental delay www.dhs.wisconsin.gov/children/birthto3/	1-800-642-7837
(DRW) Disability Rights Wisconsin - provides protection and advocacy for persons with disabilities in Wisconsin www.disabilityrightswi.org/	1-800-928-8778
(DPI) Wisconsin Department of Public Instruction: Special Education Team - information on public education for children with disabilities dpi.state.wi.us/sped/tm-spedtopics.html	1-800-441-4563
(DVR) Wisconsin Division of Vocational Rehabilitation - employment training program for individuals with disabilities living in the community dwd.wisconsin.gov/dvr	1-800-442-3477
(FACETS) Wisconsin Family Assistance Center for Education, Training and Support - provides free information and assistance regarding parent and student rights and opportunities in education www.wifacets.org/	1-877-374-0511
Family Support Program - provides information about services and resources, funding and linking with other families http://www.dhs.wisconsin.gov/children/fsp/	1-800-642-7837
Family Voices of Wisconsin - a grass roots training, information and advocacy network of families w/ focus on policy and budget www.fvofwi.org/	1-608-220-9598
FoodShare Wisconsin – provides low-income families and individuals to buy nutritious food https://access.wisconsin.gov	1-800-362-3002
Head Start/ Early Head Start - child-development program for children (0-6) of low-income families, 10% of children enrolled have special needs www.whsaonline.org	1-608-442-6879
(ILCs) Wisconsin Independent Living Centers - consumer-driven services to promote full participation in society of persons with disabilities. Services include: health benefits counseling, assistive technology, peer support and advocacy dhs.wisconsin.gov/disabilities/Physical/ILCs.htm	1-800-642-7837
Legal Action of Wisconsin - non-profit agency providing legal representation to low-income people and others www.legalaction.org	1-800-362-3904
(NAMI) National Alliance on Mental Illness- Wisconsin – provides crucial information to persons affected by mental illness www.namiwisconsin.org	1-800-236-2988
Parent to Parent of Wisconsin - provides one-to-one connection with another parent who has similar experience and who knows firsthand about the feelings and realities that come with having a child with special needs www.p2pwi.org/	1-888-266-0028
Respite Care Association of Wisconsin - promote, support and expand quality respite care resources across the lifespan for families www.respitecarewi.org/	1-866-702-7229
Social Security - financial benefits (SSI, SSDI) for children meeting income and asset eligibility criteria www.ssa.gov/applyfordisability/child.htm	1-800-772-1213
Supporting Families Together Association, (formerly CCR&R) – network of community-based child care resources and referral agencies www.supportingfamilies.together.org/	1-888-713-5437
(WATI) Wisconsin Assistive Technology Initiative – volunteer network of assistive technology (AT) consultants providing training and support within Wisconsin educational settings	www.wati.org/
Wisconsin Center for the Blind & Visually Impaired provide low vision evaluations, rehabilitation services, legislative advocacy, and free white canes. Variety of aids for those with vision needs available for purchase www.wcbvi.k12.wi.us	1-800-832-9784
Wisconsin Department of Health Services, Office for the Deaf & Hard of Hearing (ODHH) - program/resource for people with hearing loss and their families. TTY-Amplified telephone distribution. Equipment demonstration and loan network list dhs.wisconsin.gov/sensory/	1-608-243-5732 (TTY) 608-243-5733
Wisconsin Family Ties – network of Family Advocates who provide support groups, peer-mentoring, training, advocacy, information and referral for families that include children and youth with mental, emotional, behavioral or substance abuse disorders www.wifamilyties.org/	1-800-422-7145
Wisconsin First STEP – 24-hour information and referral service to assist Wisconsin families who have children with special needs www.mch-hotlines.org	1-800-642-7837
Wisconsin Regional Centers for Children and Youth with Special Health Care Needs (CYSHCN) - a network of information and assistance services so all families of children /youth with disabilities or special health care needs and providers have access to accurate information www.dhs.wisconsin.gov/health/children/RegionalCenters	1-800-642-7837
(WSPEI) Wisconsin Statewide Parent Educator Initiative - parent liaisons that work with families, educators and school districts through the CESA's to promote positive partnership and free consultation to families of children with special educational needs www.wspei.org	1-877-844-4925

HEALTH COVERAGE

ACCESS – FoodShare, Health Care (BadgerCare), Child Care Assistance, & Energy Assistance programs – https://access.wisconsin.gov	1-800-362-3002
Katie Beckett - Medicaid for children not eligible for other Medicaid programs because of income/assets requirements http://www.dhs.wisconsin.gov/children/kbp/	1-608-265-4102
Medicaid (Medical Assistance, M.A., Title 19, BadgerCare Plus, Katie Beckett, SSI, HealthCheck) Recipient Hotline – information about eligibility, rights, covered benefits, providers, problems with bills, etc. for those with Medicaid	1-800-362-3002
Medicaid Ombudsmen – assistance with appeals, complaints, billing problems etc. for Medicaid HMO enrollees.....	1-800-760-0001
WIC Nutrition Program – food and education for pregnant and nursing women; food/formula for young children; breastfeeding support dhs.wisconsin.gov/wic/	1-800-722-2295

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Columbia County Resources for Children and Youth with Special Health Care Needs

(Note: Phone numbers are either in the 608 area code or are toll-free)

Advocacy

ARC- Columbia County	742-0260
Disability Rights Wisconsin (<i>protection, advocacy for individuals</i>)	267-0214
Faith Inclusion Network (<i>assists faith communities to include and empower people with disabilities and their families</i>)	836-1455
Legal Assistance	see Statewide Resources

At-Home Support (Respite, Personal Care, Resources)

Divine Savior Home Health (<i>home health and personal care</i>)	745-6400
Home Health United (<i>home health and personal care</i>).....	742-6583
MAHM	232-1000
Northwoods Inc. (<i>servicing individuals with disabilities</i>)	742-7114
Recover Home Health	356-7570
REM (<i>home health and personal care</i>)	745-0585

Child Care/Preschools

Before and After School Program	742-4244
Columbus Club House (before and after school program).....	920-623-4449
Community Coordinated Child Care (4-C's)	800-750-5437

Columbia County Dept. of Health and Human Services

Aging and Disability Resource Center	742-9233
Columbia County Division of Public Health	742-9227
Compass Wisconsin: Threshold (<i>for Children's Disability referrals, including Katie Beckett, Family Support, & Children's Waiver</i>)	263-7861
Food Share (food stamps) https://access.wisconsin.gov	1-888-794-5556
HealthCheck (<i>for Medical Assistance recipients ages birth-21</i>). Columbia County Division of Health.....	742-9227
Cambria Clinic.....	920-348-5114
Columbus Clinic	920-623-9611
Portage Clinic	742-7164
Medical Assistance	1-888-794-5556

Infants and Young Children

Beyond the Boundaries of Autism	920-795-4183
Birth-to-3 (<i>service coordination and therapy for children 0-3 years of age</i>) Columbia County Health and Human Services.....	742-9227
Family Resource Center (<i>play groups for children</i>)	742-8482
Head Start/Columbia County (<i>child-development program for preschool children from low-income families</i>)	742-5329
Integrated Development Services	441-0123
Kindred Kids (<i>lending library for kids' medical equipment,toys</i>)	438-5844
Lund Van Dyke	920-857-9041
Wisconsin Early Autism Project	288-9040

Education: Partnerships and Support

(CESA 5) Cooperative Educational Service Agency	742-8811	
FACETS (<i>serves children & adults with disabilities, their families and those who support them</i>).....	824-8755	
Madison Area Technical College- DRS (<i>disability resource services</i>)	800-322-6282	
Special Education: Public School Districts' Administrative Offices Cambria-Friesland: .. 920-348-5656 Portage:	608-742-3599	
Columbus:.....	920-623-5950 Poynette:	608-635-4341
Fall River:	920-484-3326 Randolph:	920-326-2425
Lodi:	608-592-3851 Rio:	920-992-3012
Pardeeville:	608-429-2153 Wisconsin Dells: 608-254-2468	

Health Resources

Columbus Hospital	920-623-2091
Divine Savior Hospital	742-4131
Good Neighbor Clinic of Sauk	643-4749
Immunization Records http://dhfsWIR.org	742-9227
Medical Assistance- https://access.wisconsin.gov	1-888-794-5556
Planned Parenthood of Wisconsin	742-1551
Portage Free Clinic	617-0031
Substance Abuse Hotline	800-QUIT-NOW

Housing

Renewal Unlimited	742-5329
Hope House	1-800-584-6790
Community Action Council	742-3320
Columbia County Health and Human Services	742-9227
River Haven Shelter	742-7687
St. Vincent de Paul (crisis housing).....	742-5513
Salvation Army (<i>crisis housing</i>)	1-800-849-9733

Information and Referral

Access to Independence (<i>Independent living</i>)	242-8484
Southern Regional Center for CYSHCN (<i>resources</i>).....	800-532-3321

Job Training and Placement

DVR Division of Vocational Rehab	742-4181
Expanding Opportunities (<i>job training</i>).....	745-6703
Goodwill Industries	742-0616
Job Center – Columbia & Sauk Co.	355-4810
Job Corp	1-800-733-5627
MATC – Portage	742-3100
Northwoods Inc. (<i>rehabilitation/ employment</i>).....	742-7114
Wisconsin Fresh Start	742-5329
Wisconsin Works (W-2)	742-1089

Mental Health Intervention, Resources and Support

Aspen Family Counseling	742-5020
Columbia County Connects Coalition (AoDA information)	742-8814
Compass Counseling	745-4900
Foundations Counseling (in-home family therapy)	424-9100
Living Well Counseling	819-7514
Lutheran Counseling and Family Services	1-800-291-4513
NAMI (<i>information on disorders</i>).....	768-5375
Northwest Connections (<i>24-hour Crisis</i>)	1-888-552-6642
Pauquette Center for Psychological Services	742-5518
Transitions Behavioral Health	745-1751
Wisconsin Family Ties (<i>information, referral and support</i>).....	1-800-422-7145

Parent Support Groups

Epilepsy Foundation	442-5555 / 1-800-657-4929
Family Resource Center (<i>parent education, support groups</i>).....	742-8482
Madison Area Down Syndrome Society	692-7653
Autism Society of Greater America	213-8519
Muscular Dystrophy Association	222-3269
United Cerebral Palsy	1-800-574-4001

Parent Training and Support

Family Resource Center (<i>home visits, lending library, workshops</i>).....	742-8482
Parents in Partnership (<i>leadership training for parents</i>).....	1-877-844-4925
UW Extension (<i>family living programs</i>).....	742-9686
(CESA 5) Cooperative Educational Service	745-5400

Recreation, Sports and Summer Programs

Badger Camp (<i>for kids and adults with developmental disabilities</i>).....	348-9689
Camp Phoenix (<i>therapeutic, kids ages 7-17 with epilepsy</i>)	442-5555
Girl Scouts	697-3814
Karate America	742-0064
Lions Camp (<i>for kids with specific disabilities</i>).....	715-677-4969
Pardeeville Gymnastics & Karate Club	429-2070
Ridge Health and Fitness (<i>limit access swimming pool</i>).....	742-2348
Special Olympics, Wisconsin	221-2900
Very Special Arts (<i>leisure arts programming</i>)	241-7583
Winners on Wheels (<i>service club for children using wheelchairs</i>).....	242-8484
YMCA-East (<i>adaptive recreational program</i>)	221-1571
Easter Seals (<i>Camp Wawbeek</i>)	1-800-422-2324

Stress and Crisis Resources

American Red Cross	742-3656
Bread Basket Food Pantry (Cambria)	920-348-5568
Child Protective Services	742-9227
Columbia Co. Crisis Pregnancy Center	742-0100
Columbus/Fall River Food Pantry	920-623-5918
Crime Victim Assistance	742-9834
Energy Services (<i>energy assistance</i>).....	742-4088
Goodwill Industries	745-0616
HOPE House (<i>for those living with abuse</i>).....	888-584-6790
Planned Parenthood	800-230-7526
PACAP (<i>Portage-Area Community Assistance Program</i>)	742-7687
Poynette-Arlington-Dekorrra Food Pantry (open Tues 1-3/Thurs 5-7pm)	608-635-4448
Poynette Clergy Food Pantry	608-635-7118
River Haven (<i>homeless shelter</i>).....	742-7687
Maternal and Child Health Hotline	1-800-722-2295
Neighbors in Constant Care (Columbus only)	1-920-623-4772
Portage Food Pantry (<i>M-W 11-Noon, TH 5-6 pm</i>)	742-3774
Runaway & Youth Services	1-800-924-7238
Salvation Army	1-800-849-9733
Tax Assistance Program	888-742-9233
Tenant Resource Center	877-238-7368
TLC Community Clothes Closet	617-4813 or 742-8299

Transportation

Bob's Medical Transport	297-8403
City Cab Company	742-6669
MTM – for those with Medicaid and BadgerCare Plus	1-866-907-1493
Mid State Medical Express	742-8603 / 1-800-463-3826

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