Current and Emerging Practices

Policies which Affect Programs/Policies for Children and their Families
Why Do We Care About This?

• Federal and state policies, rules and regulations affect programs which support our children and families

• Big drivers for systems improvement

• As leaders, we need to be knowledgeable about these issues so we can participate in meetings and advocacy work

• It is important to see how our work (including leadership projects) connects with larger issues

• Why else?
Review of
Supporting Families
Supporting Families

Review from Session 2:

• People with disabilities and their families...
  • have access to resources and supports, that are person and family centered and directed,
  • that enhance individual lives and maintain the family well-being.
## Strategies for Supporting Families

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<td>• Family-to-Family Support</td>
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<td>• Accessing and coordinating community supports</td>
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*Family Voices of Wisconsin*
Discussion on Supporting Families

Turn to the person next to you…

Thinking about these buckets, how has your family been effectively supported?

Are there any buckets that you feel your family could benefit from but haven’t accessed? If so, do you know how to access those supports?
Home and Community Based Services (HCBS)
Home and Community Based Services (HCBS)

• Federal rule coming from Centers for Medicare and Medicaid Services
• States have up to five years for “transformation”
• Will affect where people live and work
• Focus on integrated (community based) lives and person centeredness
• Applies to people receiving supports and services through Medicaid waiver programs
HCBS in Wisconsin

• Applies to people receiving supports through Children’s Long Term Support Waivers, IRIS and Family Care

• All service types will remain in waivers

• Integrated residential, employment and day services will be the norm – all settings will be community based by March 2019

• Wisconsin Transition plan can be found at: https://www.dhs.wisconsin.gov/familycare/statefedreqs/statewidetransitionplan.pdf
How Might This Rule Affect Your Family and Children?
HCBS Resources

HCBS Fact Sheet: from Medicaid.gov


Medicaid Web Site

https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Supports/Home-and-Community-Based-Services/Home-and-Community-Based-Services.html

HCBS Advocacy Coalition

https://hcbsadvocacy.org
Early, Periodic, Screening, Diagnosis and Treatment (EPSDT)
Early, Periodic, Screening, Diagnosis and Treatment (EPSDT)

• EPSDT is a federally mandated Medicaid benefit that every state must provide to Medicaid-enrolled children and youth under 21. EPSDT ensures children receive comprehensive health services and supports that are tailored to their individual needs.

• In-home autism treatment services now being offered through this benefit

• Do not need to have a diagnosis of autism to use benefit, but needs to be medically necessary
EPSDT in Wisconsin

• Known as “Health Check” and “Health Check Other Services”

• Annual exam for children needs to be coded as a “Health Check” exam to receive Health Check Other Services benefits

• Challenge: Many providers are uncertain how to utilize this benefit; cumbersome process

• Challenge: Wisconsin has yet to identify and communicate a clear pathway to utilize this benefit
EPSDT Discussion

How might your children benefit from using EPSDT?

Why is EPSDT important in supporting children and families?
EPSDT Resources

• Wisconsin Department of Health Services memo: https://www.dhs.wisconsin.gov/dltc/memos/2016-01.pdf
• “Managing the ‘T’ in EPSDT” http://www.nashp.org/sites/default/files/ManagingTheTinEPSDT.pdf
• National Medicaid Website https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Benefits/Early-and-Periodic-Screening-Diagnostic-and-Treatment.html
Integrated Health Care
What do you think Integrated Health Care Means?
Integrated Health Care

• Delivery of health care in a seamless manner; physical and mental health care needs are treated in a comprehensive and coordinated manner

• Response to fragmented delivery of health care and supports

• “Medical Home” and “Health Home” are phrases that are often associated with Integrated Health Care

• “Care coordination” is an important component of Integrated Health Care
Integrated Health Care in Wisconsin

• “Health Home” part of Affordable Care Act; many health care providers now offer care coordination as a benefit and cost containment strategy

• “Medical Home” began with Children and Youth with Special Health Care Needs”

• Focus on “patient centered” and “family centered care”

• Big focus of work done with the Wisconsin Maternal and Child Health Program, Children and Youth with Special Health Care Needs
Discussion of Integrated Health Care

What are your experiences with Integrated Health Care or its components?

Why do you think that this is important for children and families?
Integrated Health Care Resources

- Wisconsin Statewide Medical Home Initiative
  http://www.wismhi.org/WiSMHI-home

- Family Voices of Wisconsin Care Coordination Series
  http://www.familyvoicesofwisconsin.com/care-coordination/

- National Center for Medical Home Implementation
  https://medicalhomeinfo.aap.org/Pages/default.aspx

- Utah Medical Home Portal
  https://medicalhomeinfo.aap.org/Pages/default.aspx
Quality Improvement
Quality Improvement

• Also known as “QI”
• Specific methodology used in health care programs
• Quality Improvement is also a “catch-phrase” and can be used more generally
• Can be used in any programs; many industries have programs for quality improvement
One Tool for Quality Improvement

Plan/Do/Study/Act Cycle
Discussion on Quality Improvement

Why might you be interested in Quality Improvement in general?

How might you use the PDSA cycle with your project?
Resources for Quality Improvement

• US Health Resources and Services Administration

• Family Engagement Guide: The Role of Family Health Partners in Quality Improvement Within a Pediatric Medical
  http://medicalhome.nichq.org/resources/family%20engagement%20guide

• Blog Post: Using Quality Improvement on the Family Level
  http://www.nichq.org/blog/2016/july/family voices_qi for families