In your application we asked you to think about what issue you wanted to impact and ideas you had for a personal project. This worksheet can begin to refine that idea and turn into an action plan.

**What is the issue or problem you want to impact in your community (local, state, national)?**
Family members often come to me asking for information about supports and services for their children. The family members do not seem to know where to go for good information and they seem to have different knowledge about how their children might get help that is needed. I don’t know why people come to me and I wish that I had a way to make sure they get good information.

**List people or groups that have power to impact this issue?**
The county
Schools
Doctors’ and therapists’ offices
Regional Center for Children and Youth with Special Health Care Needs

**What are 3-5 things you might do to impact this? These are possible projects.**
Try to get information for each family to help them
Give people a few phone numbers
Join County advisory group for children’s programs
Choose one idea from above and describe it more. This is your project!

Apply to join my county’s Children’s Community Options Program Advisory Committee (this used to be my county’s Family Support Advisory Committee). This way I can let the county know that there needs to be better, systemic ways to get good, understandable and consistent information out to family members so they know how to get supports and services that they need for their child and family. Also, I can bring concerns of families who I talk with back to this advisory committee and maybe they can improve programs and policies.

Who else cares about this issue that might give you information or work with you? This might be organizations or individuals.

- My service coordinator
- Chair of the advisory committee
- Other people on the advisory committee

What are the first 2-3 steps to accomplish your project?

1) Call the County to see if they have an application for this committee
2) Complete the application
3) Follow up with the County to see when a decision will be made on my application
4) Go to the next Advisory Committee to participate as an observer; these committee meetings should be open to the public