CONSIDERATIONS FOR MENTAL HEALTH PROVIDERS COP ASD/DD

Language delay:

Sensory needs:

They will tell you what they need to succeed: 100% responsiveness to their stated requirements:

Decisions are made from personal experience:

Supportive psychotherapy: ways to build the relationship:

Intellectual profile:

Attention/concentration:

Prevent and anticipate behavior issues:

Effective and ineffective reinforcers:

Sense of time:

• Discussion Questions:
  o What does ‘ASD/DD-informed mental health treatment’ mean to you?
  o Is a competent generalist good enough in some cases?
  o How does the combination of ASD/DD and a mental illness change the treatment for that mental illness? Do you use the same strategies, like medication, mindfulness or exposure therapy?
  o Could ASD/DD-informed treatment be required in all public institutions?