Behavioral Health Services for Children and Youth

February 27, 2019

Wisconsin Department of Health Services
Division of Medicaid Services
Agenda

• Overview of the Medicaid Program
• Medicaid Covered Behavioral Health Services
• Clinical Considerations
• Questions/Discussion
Overview of the Medicaid Program
What is Medicaid?

• Medicaid is a public program that provides health care coverage to certain categories of low-income individuals.
• It is a federal-state program.
• There are both federal laws and regulations and state laws and regulations that govern Medicaid.
• The federal government sets general Medicaid policy and rules.
• Each state administers its own Medicaid program within the framework of the general federal policies and rules.
Medicaid Enrollment

• The Medicaid program provides health care coverage to individuals (members) in various eligibility categories (e.g. children, pregnant women, parents and caretakers, adults without dependent children, or elderly, blind, or disabled individuals).

• To enroll, an individual must meet the financial and/or non-financial eligibility requirements for his or her eligibility category.

• Depending on category, members will be enrolled in “BadgerCare Plus” or “EBD Medicaid”.
  - Benefits covered under each program title are the same.
**Medicaid Delivery Systems**

- A delivery system refers to the way in which members receive coverage through Medicaid.
- There are two main delivery systems:
  - Fee-for-Service (FFS) – The member receives coverage directly from DHS.
  - Managed Care - The member receives Medicaid coverage through a health maintenance organization (HMO) contracted with DHS.
Behavioral Health Covered Services
Wisconsin Medicaid covers a continuum of non-institutional behavioral health services for children and youth, including:

- Behavioral Treatment
- Outpatient Services
- Intensive In-Home Services
- Psychosocial Rehabilitation Services
- Day Treatment Services
- Crisis Intervention Services
Behavioral Treatment

• Behavioral treatment covers services designed specifically for adaptive behavior assessment and treatment.
  o Includes comprehensive treatment (i.e. high-intensity, early intervention) and focused treatment (i.e. time-limited, lower-intensity).
  o Any diagnosis or condition associated with deficient adaptive or maladaptive behaviors.
  o Delivered via FFS only.
Outpatient Services

- Outpatient mental health and substance use disorder services include assessments, psychotherapy services, substance use counseling, and other psychiatric services.
  - For children and youth, mental health services may be provided in the child’s home, office of a provider, hospital, nursing home, school, or certified outpatient clinic.
  - Mental health or substance use disorder diagnosis required.
  - Delivered via FFS or managed care.
Intensive In-Home Services

- Intensive in-home services are a combination of individual and family treatment modalities.
  - Members must have a need for intensive treatment, including a determination of severe emotional disturbance (SED).
  - Mental health or substance use disorder diagnosis required.
  - Delivered via FFS or managed care.
Psychosocial Rehabilitation Services

- Psychosocial rehabilitation services are an array of individual, family, and group services provided to address a member’s behavioral health disorder and increase their independent living in the community.
  - Programs include the Community Support Program (CSP), Comprehensive Community Services (CCS), and Community Recovery Services (CRS).
  - Members must have a need for more than outpatient services, as determined through the state functional screen.
  - Mental health or substance use disorder diagnosis required.
  - Delivered via FFS only (County-administered program).
Day Treatment Services

- Day treatment, including partial hospitalization, is a nonresidential program in a medically supervised setting that provides case management, medical care, psychotherapy, and other therapies.
  - Members must meet the day treatment admission criteria, including a determination of SED for children.
  - Mental health or substance use disorder diagnosis required.
  - Delivered via FFS or managed care.
Crisis Intervention Services

- Crisis intervention services are services provided to a member in crisis or in a situation that may develop into a crisis if professional supports are not provided.
  - Services include assessment and planning, crisis linkage and follow-up services, and optional crisis stabilization services.
  - No diagnosis requirements.
  - Delivered via FFS only (County-administered program).
Clinical Considerations
Resources

- **ForwardHealth Program Resources:**
  - [https://www.dhs.wisconsin.gov/forwardhealth/resources.htm](https://www.dhs.wisconsin.gov/forwardhealth/resources.htm).

- **ForwardHealth Online Handbook:**

- **ForwardHealth Member Services:**
  - Available Monday through Friday, 8:00 a.m. – 6:00 p.m. (Central).
  - 1-800-362-3002.
Questions?
Thank You